

J-AAR PERSONAL FALL ARREST SYSTEM INSPECTION CHECKLIST

| GENERAL INFORMATION | |
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| Inspection Date: | Created Date: |
| | Inspection Sent: |
| Job: | Inspection |
| | Received: |
| Location: | |
| Inspection Type: | |
| Inspector: | |
| Recorded By: | |
| Notes: | |
| | |
| Summary: Total Items: 14 | |

| FULL-BODY HARNESS | |
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| Hardware: Includes D rings, buckles, keepers, and back pads. Inspect for damage, distortion, sharp edges, burrs, cracks, and corrosion. ✓ Passed | |
| Labels: Inspect, making certain all labels are securely held in place and are legible. ✓ Passed | |
| Stitching: Inspect for pulled or cut stitches. ✓ Passed | |
| Webbing: Inspect for cuts, burns, tears, abrasions, frays, excessive soiling, and discoloration ✓ Passed | |
| Serial Number ✓ Passed Notes (Required): | |

| LANYARDS/SHOCK-ABSORBING LANYARDS | |
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| Energy Absorbing Component: Inspect for elongation, tears, and excessive soiling. N/A | |
| Hardware: Includes snap hooks, carabiners, adjusters, keepers, thimbles, and D rings. Inspect for damage, distortion, sharp edges, burrs, cracks, corrosion, and proper operation. N/A | |
| Labels: Inspect, making certain all labels are securely held in place and are legible. N/A | |
| Stitching: Inspect for pulled or cut stitches. N/A | |
| Synthetic Rope: Inspect for pulled or cut yarns, burns, abrasions, knots, excessive soiling, and discoloration. N/A | |
| Webbing: Inspect for cuts, burns, tears, abrasions, frays, excessive soiling, and discoloration. N/A | |

| SNAP HOOKS AND CARABINERS |
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| Excessive Corrosion: Inspect for corrosion, which affects the operation and/or the strength. ✓ Passed |
| Markings: Inspect and make certain marking(s) are legible. ✓ Passed |
| Physical Damage: Inspect for cracks, sharp edges, burrs, deformities, and locking operations. ✔ Passed |
| SIGNATURES |
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