

J-AAR PERSONAL FALL ARREST SYSTEM INSPECTION CHECKLIST

GENERAL INFORMATION	
Inspection Date:	Created Date:
	Inspection Sent:
Job:	Inspection
	Received:
Location:	
Inspection Type:	
Inspector:	
Recorded By:	
Notes:	
Summary: Total Items: 14	

FULL-BODY HARNESS	
Hardware: Includes D rings, buckles, keepers, and back pads. Inspect for damage, distortion, sharp edges, burrs, cracks, and corrosion. ✓ Passed	
Labels: Inspect, making certain all labels are securely held in place and are legible. ✓ Passed	
Stitching: Inspect for pulled or cut stitches. ✓ Passed	
Webbing: Inspect for cuts, burns, tears, abrasions, frays, excessive soiling, and discoloration ✓ Passed	
Serial Number ✓ Passed Notes (Required):	

LANYARDS/SHOCK-ABSORBING LANYARDS	
Energy Absorbing Component: Inspect for elongation, tears, and excessive soiling. N/A	
Hardware: Includes snap hooks, carabiners, adjusters, keepers, thimbles, and D rings. Inspect for damage, distortion, sharp edges, burrs, cracks, corrosion, and proper operation. N/A	
Labels: Inspect, making certain all labels are securely held in place and are legible. N/A	
Stitching: Inspect for pulled or cut stitches. N/A	
Synthetic Rope: Inspect for pulled or cut yarns, burns, abrasions, knots, excessive soiling, and discoloration. N/A	
Webbing: Inspect for cuts, burns, tears, abrasions, frays, excessive soiling, and discoloration. N/A	

SNAP HOOKS AND CARABINERS
Excessive Corrosion: Inspect for corrosion, which affects the operation and/or the strength. ✓ Passed
Markings: Inspect and make certain marking(s) are legible. ✓ Passed
Physical Damage: Inspect for cracks, sharp edges, burrs, deformities, and locking operations. ✔ Passed
SIGNATURES